

Project Title: Healthy Ageing x Ageing in Place (also named as “Nutcrackers 2.0”)

Abstract

The project aims to foster a healthy living environment by creating opportunities for older people to take charge of their own health, and at the same time, property service team (as front-line staff) at residential estates will be empowered with social and geriatric healthcare knowledge, who could be well-equipped to spot and facilitate elderly needs ahead of time. Through the Integrated Care for Older People (ICOPE) approach, the project drives towards the provision of people-centred integrated care services that put people and communities, at the centre of health systems. This system oriented around the needs of people provides a more effective and better experience for elderly and is well prepared to respond to the rising demand of health services.